

## Allen Academy's **February** Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>February 6-10</b>	Oven-fried Fish Sweet and Russet potato wedges Sweet Peas Fresh Fruit	Hamburger on Whole wheat bun Lettuce/Tomato/Onion Roasted sweet potato wedges Fresh fruit	Rotisserie chicken Garlic mashed potatoes Sweet corn Green salad Fresh fruit	Home-style beef stew Sweet peas Cheesy cornbread Fresh fruit	Pasta Marinara Green Beans Whole wheat roll Caesar Salad Fresh fruit
<b>February 13-16</b>	Chicken & Bean Burrito Sweet corn Green Salad Fresh fruit	Grilled Cheese Tomato Soup Veggie Dippers Fresh Fruit	Fish Fajitas Black Beans Veggie Dippers Fresh Fruit	Baked Ziti with meat sauce Green beans Caesar salad Fresh Fruit	Student Holiday
<b>February 21-24</b>	School Holiday	Beefy Nachos Sweet Corn Garden Salad Fresh Fruit	BBQ Chicken Green beans Mashed potatoes Whole wheat roll Fresh Fruit	Hamburger on Whole wheat bun Lettuce/Tomato/Onion Roasted sweet potato wedges Fresh fruit	Cheesy Pizza Green beans Caesar salad Fresh Fruit
<b>February 27- March 2</b>	Rotisserie chicken Garlic mashed potatoes Sweet corn Green salad Fresh fruit	Pasta Marinara Green Beans Whole wheat roll Caesar Salad Fresh fruit	Pulled Pork Sandwich Sweet corn Garden Salad Fresh Fruit	Baked Ziti with meat sauce Green beans Caesar salad Fresh Fruit	Tuna Melt Tomato soup Veggie dippers Fresh Fruit

Additional Daily Options: Turkey & Cheese or PB&J on whole wheat bread served with veggie dippers, yogurt and fresh fruit Or Salad Bar—All Lunches served with 1% Milk and Water. Lower school lunch also served with 100% Juice (Juice made in the USA).